

# Alcohol trends in Scotland

- 'Increased risk' drinking has fallen over the last decade, as increasing numbers of Scottish consumers drink responsibly
- Under-age drinking among Scottish 13-15 year olds has also fallen significantly
- Alcohol-related crime and hospital admissions are also on a downward trend

Increased risk drinking has fallen **29%**, while moderate drinking has risen **7%**



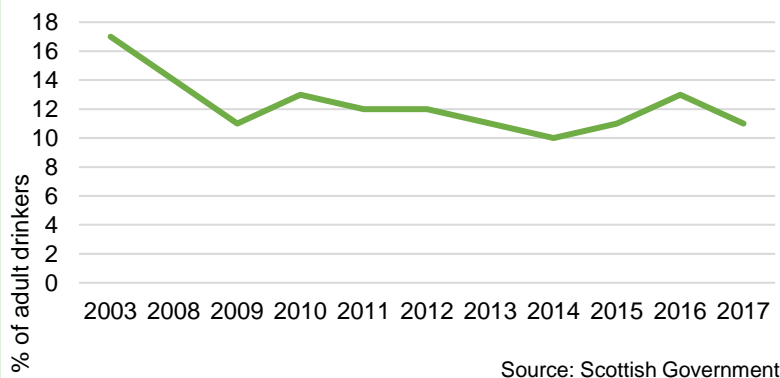
Mean units per week has declined from 16.1 units in 2003 to **12.5 units** in 2017



(14 units are equivalent to about 6 pints of beer/cider; 6 175ml glasses of wine or 14 single measures of spirits)

Source: Scottish Government

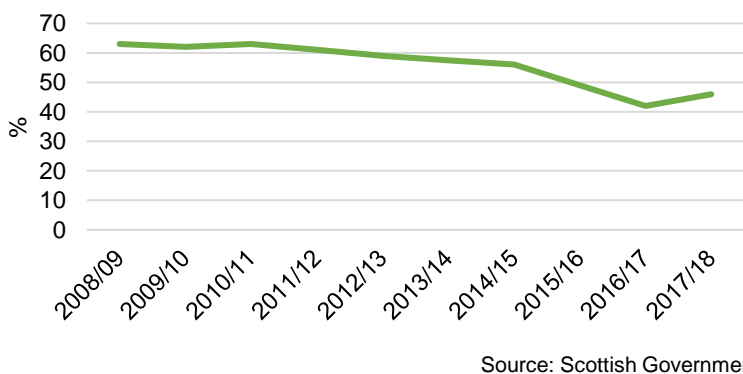
The number of adults drinking on five or more days a week has fallen **35%**



The number of 13-15 year olds drinking has fallen **39%** since 2002



Violent crime involving offenders under the influence of alcohol has fallen **26%** since 2008/09



Alcohol-related hospital admissions have fallen **17%** since 2007/08.

